



JUNE 2009

Sunshine Senior Center

330 5th St. N.
St. Petersburg, FL 33701

727-893-7101

Center Hours: Monday - Friday 8:30 - 4:00 pm

Evenings as Scheduled - Available for Rentals



ACTIVITY/CLASS TITLE	DAY(S)	TIME	CLASS FEE Resident/Non-Res.
Bingo	Monday	10:00 am	\$1.00/\$1.60
Bridge Duplicate	Thursday	10:00 am	\$1.00/\$1.60
Bridge Lessons	Mon & Wed	Noon	Free
Chorus (returns in Fall)	Tuesday	10:00 am	Free
Creative Writing Class (returns in Fall)	Thursday	10:30 am	Free
Cribbage Social	Thursday	10:00 am	\$1.00/\$1.60
Computer Classes for Beginners	Varies	Call to Inquire	\$10 each
Congregate Dining	Mon - Fri	11:30 am	Donations accepted
Dear Abby (Lively discussion group)	Thursday	10:30 am	Free
Digital Photo Class -call to reserve	Tuesday	1:00-3:00 pm	4 weeks \$35/\$56
Drama Group (returns in Fall)	Monday	10:30 am	Free
Exercise Class – Basic	Mon - Fri	9:30 am	Free
Gift & Resale Shop	Mon-Fri	8:30am-1:00pm	Varies on Items
Karaoke	Varies	Call for time/date	Free
Knitting & Crochet Social - Res. Oct.	Thursday	10:00 am	Free
Open Computer Lab	Mon-Fri	8:30-3:30 pm	Free(55 & older) w/Reg. Card
Painting Workshop (no instructor)	Friday	9:30 am	Free
Vitalife – Aerobics	Mon & Wed	3:00 pm	Free
Excel with Exercise – Intermediate	Tue & Thur	2:15 pm	Free
Yoga	Tuesday	11:00 am	\$5.00/\$8.00 p/class OR \$16.00/\$25.60 n/month
Zumba	Thursday	5:15-6:15 pm	\$5.00/\$8.00 p/class OR \$16.00/\$25.60 n/month

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MONTHLY CALENDAR ACTIVITIES & SPECIAL DATES

Check out our monthly newsletter for special events, trips and activities!

Country Classics	Every Friday - 1:00 pm – <i>Interactive live country music</i>
Profiles in Jazz	2 nd Monday - 1:00 pm - <i>20 piece live jazz band</i>
St. Pete Shuffle	Every Friday - 6:00pm - 11:00 pm <i>FREE Family Friendly!</i>
Courtyard Picnic	1 st , 3 rd & 5 th Wednesdays, Grilled burgers, hotdogs.
Senior Support Group	Let's Talk! 1st/3rd Fridays-1-2:30pm. <i>FREE</i>
Wii Bowling	Every Tuesday & Wednesday - 10:30 am <i>FREE</i>
Ping Pong (Table Tennis)	Tues. 12-3 pm, Wed, 9-12 pm <i>FREE</i>

Fish-a-Thon!
Prizes-Food-Fun-Fish!
Friday, June 12 @ 9:30am

AGENCIES

Chess Club @ Mirror Lake		Call Andrew Scherman: 727-822-1171
Health Promotion	Mon - Fri	9:00 am - 4:00 pm 727-893-7102
Kids & Kubs - softball	Mon, Wed, Fri	9:00 am - Noon 727-893-7108
Lawn Bowling	Mon, Wed, Fri	9:00 am - Noon Call June: 727-867-1440
League Of Women Voters		Call For Info: 727 -896-5197
Lions Club Eye Clinic	Mon/ Wed/Thur/ Fri	8:30 - 11:30 pm 727-892-5512
Meals on Wheels	Mon - Fri	9:00 am -Noon 727-893-7136
Neighborly Care Network	Mon - Fri	9:00 am - 2:00 pm 727-893-7136
Neighborly Care Pharmacy	Mon - Fri	8:30 am - 4:00 pm 727-892-5781
Senior Employment	Mon - Thurs.	9:00 am - 2:00 pm 727-552-1835
Seniors vs Crime	Mon & Thur	9:00am - 1:00 pm 727-552-1807
Shuffleboard		e-mail: board@stpeteshuffle.com
SPIFFS	Mon - Fri	9:00 am - 4:00 pm 727-552 -1896
Suncoast Mental Health	Mon/Wed/Fri	Call for appointment 727-893-7107

FEE WAIVER PROGRAM

The Office on Aging offers a program for low-income seniors to receive classes, activities and day trips free of charge. Please contact Carol at 893-7102 to see if you qualify.

Sunshine Center Mission Statement

In collaboration with the community, we provide services, programs and activities which enhance the dignity, support the independence and encourage the involvement of older adults.

Check out our Website at www.stpete.org